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These Moms Shared How They Struggled With Breastfeeding for Powerful Photo Shoot

Photographer Cheyanne Booker wanted to reassure moms who are having a tough time nursing.



by MARESSA BROWN JUN 17, 2016



CHEYANNE BOOKER/PEACHY MOMENTS PHOTOGRAPHY



Family and birth photographer Cheyanne Booker recently shared a powerful project featuring a group of badass breastfeeding moms on Facebook. Booker, who's a 20-year-old mom from

Mobile, Alabama, posted her series along with stories that explain how each mother struggled but persevered with breastfeeding her baby.

Booker tells Cosmopolitan.com she was inspired to do the shoot by her own struggles with breastfeeding her now-1-year-old daughter Blyss. "I was the first mother in my family to breastfeed a baby and my own mother has never even been around a breastfeeding mother before I had my daughter, so I had no idea what I was doing," she explains. "Blyss lost over a pound of weight after coming home, even though she was constantly nursing. I was told she'd most likely have to go on formula due to the weight loss. I wanted so badly to breastfeed her, so I felt like a bit of failure since I was convinced I was starving my baby and that my body was not making enough milk."

Booker says her sister-in-law Ariel helped keep her motivated, and within three months, Blyss was in the 97th percentile of weight, has stayed there since, and is still breastfeeding. "I almost gave up because of bad advice, and I'm so glad that I didn't," she notes. "My main hope for this project is that it can be encouraging to all the mothers out there who are struggling with breastfeeding and those that may feel like they are alone in their struggles. Breastfeeding can be the hardest thing ever sometimes, but it is so rewarding! That's why [these women's] stories are so important to me. They show me that there is always a way if there is enough motivation to make it work."

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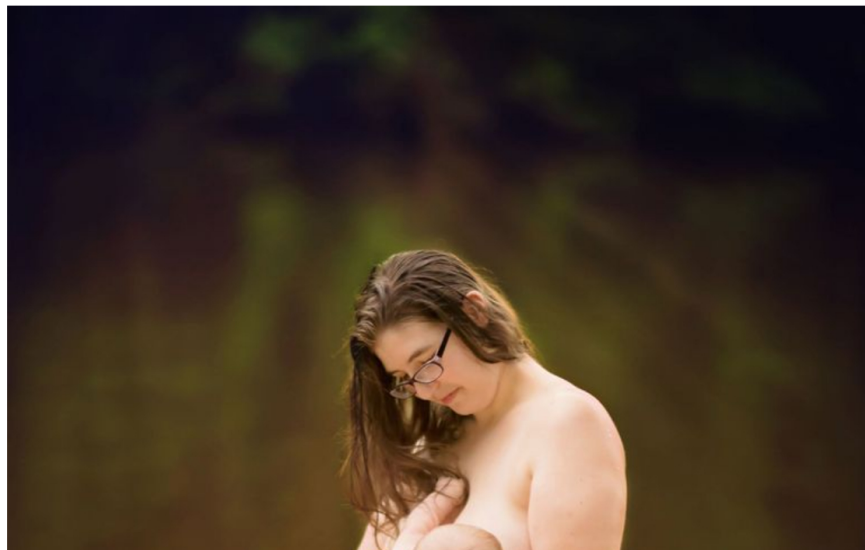
Here are the
images from
the project

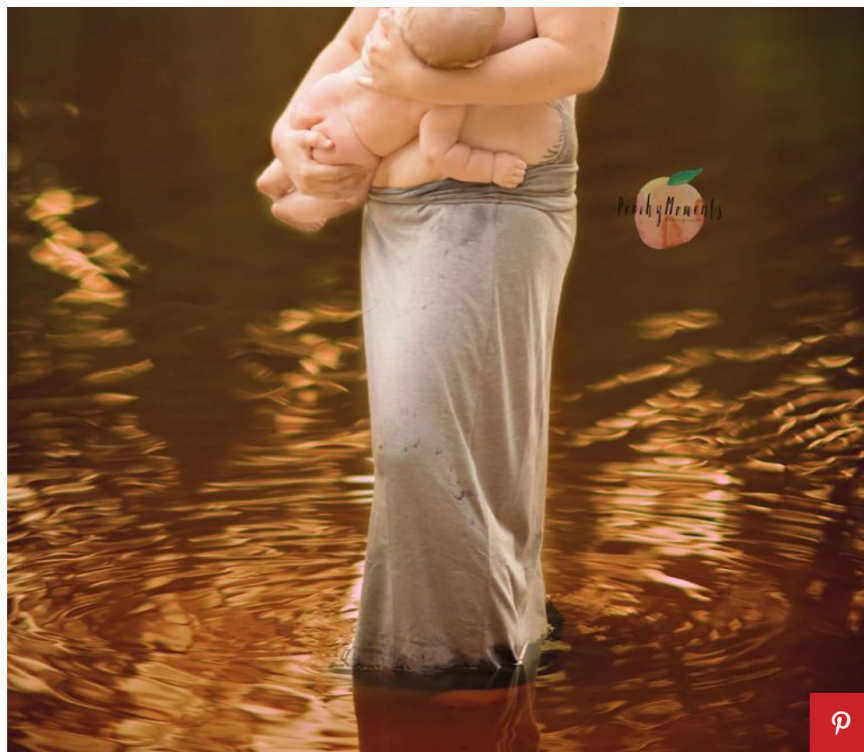
featuring Shelby Butler, Monique Johnson, Samantha McMillan, Phoenix Dayze, Emily Lowell, and Gwendolyn Martin. You can read each mom's personal story on Booker's Beachy

You can read each mom's personal story on [BOOKER'S Peachy Moments Photography Facebook page](#).



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